



Helen has kindly offered to lead a session on 'STYLE'.

Her session on 'COLOURS' was well received, and it is lovely to have this second 'FUN' opportunity.

Helen will also build on her brief introduction to wearing 'SCARVES'. Do bring your favourites.....

Guided by Helen Garth

22nd October 2019

11am—12:15pm

FUN, INTERACTIVE,  
SHARE YOUR STYLES.



BOOK YOUR PLACE  
Tel. No.: 07981 899526  
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OUR AIM

- ◆ We aim to provide friendship, help, information and support, and a range of complementary therapies for our visitors.
- ◆ We aspire to be inclusive of those who may be living with cancer or who are in remission, whatever your beliefs.
- ◆ We also welcome family, friends and carers who are supporting them; we recognise that they too may need support.