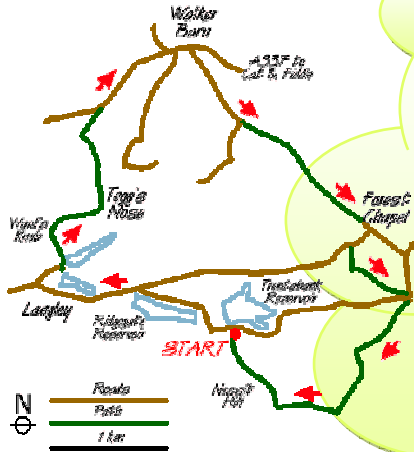


Friends of MCHC Sept. 2018 walk



Alan Milford is organising an afternoon stroll/walk from Tegg's Nose Carpark. The sketch map shown here is only to show location and not the precise route. Approx. an hour and a half.

Thursday 6th Sept. 2018
Start at 2pm

WE WILL ENSURE THAT THE ROUTE CHOSEN IS ACCESSIBLE TO ALL JOINING

BRING A PICNIC if you like
OR refreshment at Tegg's Nose Tea Room.

Meet at the Tegg's Nose Car Park. We may consider meeting at Prestbury at 1pm to share cars. Walk to start at 2pm. More detail on this once you express interest.

Sights along the way.....



Let us know if you would like to join

in—Phone, at the Centre or

Tel. No.: 07981 899526 eMail: macchelp@googlemail.com

OUR AIM

- ◆ We aim to provide friendship, help, information and support, and a range of complementary therapies for our visitors.
- ◆ We aspire to be inclusive of those who may be living with cancer or who are in remission, whatever your beliefs.
- ◆ We also welcome family, friends and carers who are supporting them; we recognise that they too may need support.