



Monday, 25th June 2018

1:30pm onwards.

We have a wonderful Park with a beautiful Bowling Green and 'resurrected' Café in its midst. We have some beautiful weather, so we wondered, let's have a Friends walk with a difference..

Why not bring a rug, some sandwiches, and try your hand at Bowls??

Or just sit and watch..

✨ Thanks to Dave Moss, who has agreed to spend time with us, showing us what to do!!!

✨ Thanks to Sue Bayley, for letting us use some of her collection of Bowls!!!

✨ Thanks to Sue Henderson Armstrong, for suggesting the idea!!!!

**It will be weather dependent,
sorry... But we will book that...**

**A relaxed, casual occasion, so
you can just turn up...**

YOU CAN PARK IN THE SAINSBURY'S CAR PARK

UP TO 2 HOURS—FREE



Would you like to join us?

Let us know please by phoning us before 24th June, on:

Tel. No.: 07981 899526 or email: macchelp@googlemail.com

OUR AIM

- ◆ We aim to provide friendship, help, information and support, and a range of complementary therapies for our visitors.
- ◆ We aspire to be inclusive of those who may be living with cancer or who are in remission, whatever your beliefs.
- ◆ We also welcome family, friends and carers who are supporting them; we recognise that they too may need support.

