

FUN

COLOUR

CONFIDENT

UPLIFTING

VIBRANT

PERSONALITY

ATTRACTIVE

STYLE

What makes ME feel good?

We wear 20% of our wardrobe. Nice to change that to 80%!!

Would you enjoy having a wardrobe collection which suited your own Complexion, Personality and Style ?

Choosing the right shades can help you look vibrant and feel more confident.

Guided by Helen Garth

21st May 2019

11am—12:15pm

A FUN AND INFORMATIVE SESSION, WHEN YOU ALSO JOIN IN, HIGHLIGHTING THE UPLIFTING EFFECT OF WEARING THE RIGHT COLOURS FOR YOU.



BOOK YOUR PLACE  
Tel. No.: 07981 899526  
Email: [macchelp@googlemail.com](mailto:macchelp@googlemail.com)

OUR AIM

- ◆ We aim to provide friendship, help, information and support, and a range of complementary therapies for our visitors.
- ◆ We aspire to be inclusive of those who may be living with cancer or who are in remission, whatever your beliefs.
- ◆ We also welcome family, friends and carers who are supporting them; we recognise that they too may need support.