

be Active stay Active

A guide for exercising during and after treatment for cancer.

*A brief talk followed by a video
A chance to ask/have answered
any related questions.*



**PRESENTATION BY
Lena Richards**

Senior Physiotherapist at The Christie

Tuesday, 17th May 2011

PRESTBURY METHODIST CHURCH

Macclesfield Road, Prestbury



REFRESHMENTS AVAILABLE

Please help us to manage seats and refreshments by phoning us to confirm attendance

Tel. No.: 07981 899526

Website: www.macclesfieldcancerhelp.com

